



Children's Behavioral Health Initiative (CBHI) Services are behavioral health services that can be offered in the following settings; home, community and school-based programs for children under age 21 and their families.

### What services are offered through CBHI?

*\*qualifications differ for each service*

- **Intensive care coordination (ICC)** is a care planning service for children who have serious emotional and behavioral needs. The family is assigned a caseworker who can offer support in setting up services for you and your child, and collaborates as needed with the different members of your care team.
- **Family support and training (FS&T/Family Partners)** assists parents/caregivers to help their children reach their treatment goals. These support staff have experienced a family member with special needs, or behavioral health issues.  
*\*This service requires a hub (meaning the referral needs to come from one of the following; an outpatient therapist, ICC, or IHT).*
- **In-home therapy services (IHT)** works with the whole family to help children with social, emotional, or behavioral challenges. They can meet you in your home, community or your child's school.
- **In-home behavioral services (IHBS)** is a program that helps parents/caregivers learn how to manage and reduce their child's challenging behavior, and develops a behavior support plan. This takes place in the home and community setting. Please note: *Insurance will not approve both IHBS and Applied Behavioral Analysis (ABA) for a child with autism*
- **Therapeutic mentoring services (TM)** pairs a mentor with a child to build and improve their social, communication and life skills in accordance with their treatment plan. The mentor can practice these new skills with your child out in the community setting, if safe to do so.  
*\*This service requires a hub (meaning the referral needs to come from one of the following; an outpatient therapist, ICC, or IHT).*

### Is my child eligible for CBHI services?

1. Your child must carry a **Masshealth insurance**: A child needs to have MassHealth or MassHealth CommonHealth (secondary insurance) to access CBHI services.
2. Eligibility is based off of each insurance carriers medical necessity criteria (please check in with your insurance carrier about your behavioral health benefits)

### How do I get CBHI services for my child?

A parent or guardian can call to set up:

- Intensive Care Coordination (ICC)\*
- In-Home Therapy (IHT)
- In-Home Behavioral Services (IHBS)

A hub (*meaning the referral needs to come from one of the following; an outpatient therapist, ICC, or IHT*) needs to call to set up:

- Family Support and Training (FS&T)\*
- Therapeutic Mentoring (TM)

### How do I find a CBHI Provider?

Go to this website:

<https://www.mabhaccess.com/Search.aspx>

- Find "provider openings."
- Find "select services": select IHT, ICC, or IHBS.
- Enter your child's information and click "search."
- Review the list for agency availability
- Click on the agency name for further information

### Who can I contact if my child is having a behavioral health crisis?

**Mobile crisis intervention (MCI)** - This is an emergency behavioral health service for children who need to be seen urgently. MCI is available 24 hours a day, 365 days a year. Clinical staff can come to your home, your child's school, or at a location in your community

**Call 877-382-1609**

*\*If your child has a diagnosis of autism spectrum disorder, families can ask to be connected with an autism specific provider*

### For More information

#### The Insurance Resource Center for Autism and Behavioral Health

774-455-4056

[AIRC@umassmed.edu](mailto:AIRC@umassmed.edu)

<https://massairc.org/>

*\*(Offers CBHI assistance for families with and without an Autism diagnosis (ASD))*

#### Autism Spectrum Center at Boston Children's Hospital

617-355-7493

<https://www.childrenshospital.org/autismspectrumcenter>

*If you have **PRIVATE** insurance, you may be eligible for BHCA services. Please Visit:*

<https://www.mass.gov/service-details/behavioral-health-services-for-children-and-adolescents-bhca>