

Why is our school closed?

Let me tell you about COVID-19!

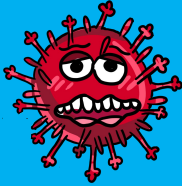


Lots of doctors and scientists are working on medicines so COVID-19 doesn't make more people sick, but for now...



## What is COVID-19?

It's a new germ that also goes by Coronavirus.



✓ Wash your hands before you eat, after touching your face, and after using the bathroom

✓ Sing Happy Birthday or Baby Shark while you scrub!

✓ Cover your mouth with your elbow if you cough or sneeze

✓ Stay home as much as you can, and talk with friends and family on the phone and online

✓ Help your family by doing a chore everyday!

✓ Ask a trusted adult to answer any questions you have, and tell them if you feel worried. It's normal! Mindfulness apps, exercise, and reading books can help too.



• Don't touch your eyes and face

• Don't hug or kiss your grandparents

• Don't worry if you start to feel sick. Tell a trusted adult and rest for a few days so you can feel healthy again!

If everyone does their best to stay healthy, there is a better chance that people around them can stay healthy too!



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