

# Family Education Sheet

## Digoxin (Lanoxin) Medication Sheet



**Boston Children's Hospital**

Where the world comes for answers

View more health education materials at  
[www.bostonchildrens.org/familyeducation](http://www.bostonchildrens.org/familyeducation)



### What is digoxin?

- It strengthens the heart.
- It is a medication used to treat irregular heart rhythms.



### How long will my child need to take digoxin?

- Give this medication to your child unless you are told to stop by your child's health care provider.
- Continue to give this medication even if your child feels well.



### How does my child take digoxin?

- Digoxin comes as a pill or a liquid.
- Give each dose of medication at the same time every day.
- Your child's medication schedule: \_\_\_\_\_



### Are there interactions between digoxin and other medications?

- Some products may change the way the medication works, which could be dangerous.
- Talk with your child's health care provider before giving any new medications, over-the-counter medications or natural supplements.



### What are some common side effects?

- Weight loss or poor eating
- Nausea
- Vomiting
- Vision changes
- Irregular heart rhythms
- Dizziness

*These are not all of the side effects that may occur. If you have questions about side effects or want advice about this medication, please call your child's health care provider.*



### When do I call my Health Care Provider?

Too much digoxin in your child's system can be very dangerous.

- Call if your child has ongoing vomiting (throwing up), frequent diarrhea or is not eating or drinking normally.
- Call if your child misses 2 doses in a row.
- Call before your child has any type of surgery.

If you think your child had an overdose (too much medication), call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much and when it happened.