

Family Education Sheet

Community Food Resources



Boston Children's Hospital

Where the world comes for answers

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www.bostonchildrens.org/familyeducation

This Family Education sheet offers information about food organizations in Massachusetts that help individuals and families access additional food. It includes instructions on how to use QR codes to contact these organizations more easily.

Key points

- There are many groups, organizations and websites that can offer help to you and your family.
- QR codes are an easy way to reach these resources.
- You can scan any QR code with your phone to get more information.

Please tell a member of your care team if you would like to talk to a Boston Children's Hospital social worker about food organizations in your area.

How do I scan a QR code?

QR codes are square, black-and-white digital images. They send information to your phone so it can direct you to websites. You can use the camera in your phone to scan the QR codes on this page. Here's how to do it:

- Hold your camera as if you were going to take a picture of the code.
- A button will appear when the QR code is in focus on your phone.
- Touch the button and your phone will go to the website linked to the QR code.



Food Resources

Project Bread Hotline: Provides support with community food resources, school meals, summer meals for kids and elders and Supplemental Nutrition Assistance Program (SNAP).

Phone: 800-645-8333

TTY: 800-377-1292

Website: www.projectbread.org/

Scan this QR code to go to website.



Food Resources in Boston: Food resources across City of Boston including location of food pantries.

Phone: 617-635-3717

Website:
boston.gov/departments/food-justice#food-resources

Scan this QR code to go to website.



FoodFinder App: A web and mobile app that helps you find your closest free food based only on your location. Available for download through the Apple store or Google play on Android or go to <https://foodfinder.us/>

Scan this QR code to go to website.



Greater Boston Food Bank: Find food assistance options for each community GBFB serves.

Website:
<https://www.gbfb.org/need-food/>

Scan this QR code to go to website.



Food Resources (continued)

HelpSteps: The online platform of Mass211. You can search and connect to programs throughout the state, including programs that support basic needs such as food security, housing, child care, transportation as well as resources for mental and emotional health.



Website:

<https://www.helpsteps.com/#/>

Scan this QR code to go to website.

Network of Care-

Massachusetts: Provides a list of food resources throughout the state, including community action agencies who can assist in locating food resources in your community.



Website:

<https://massachusetts.networkofcare.org/mh/services/category.aspx?cid=45090>

Scan this QR code to go to website.

DTA Finder: A new tool to help SNAP clients find open Healthy Incentives Program (HIP) farm vendor locations near them for safe, healthy shopping options



Website: www.DTAFinder.com

Scan this QR code to go to website.

Massachusetts Immigrant & Refugee Advocacy Coalition

Phone: 617-350-5480

Website: miracoalition.org



Scan this QR code to go to website.

Mass 211: A free service that connects you to health and human services in your community

Phone: Dial 211 or 877-211-6277

Hearing impaired phone (use Mass Relay): Dial 711

Website: <https://mass211.org/>



Scan this QR code to go to website.

Still have questions? Contact a member of your care team for additional support or to be connected with a Boston Children's Hospital social worker to discuss food organizations in your area.

You can reach the Division of Endocrinology at 617-355-7476