



These are the steps that you need to complete to transfer your care

- I signed up for the Boston Children's Hospital patient portal, MyChildren's. This allows me to check on parts of my health information that I will have access to as long as my portal account is active.
- I made a call for my final appointment with my Primary Care Provider to make sure I am up to date on my immunizations and prescriptions.
- I made a list of my medical needs and concerns to consider when searching for an adult provider.
- I have identified an adult primary care provider who:
 - Is accepting new patients
 - Accepts my health insurance
 - Can meet my healthcare needs
- I contacted my health insurance company (including MassHealth) to update my primary care provider and health plan
- I made a new patient appointment with my new adult primary care provider.
- I signed a medical records release form for my health record to be sent to my new primary care provider.
- I can access my health information through my patient portal, MyChildren's.
- I scheduled an appointment with my new adult primary care provider and called my primary care clinic at Boston Children's to let them know I have successfully transferred my care.

Finding an Adult Primary Care Provider

My current medications (information available on the MyChildren's portal):

My current diagnoses/specialists (information available on the MyChildren's portal):

What I want in a new provider (location, language, gender, race, etc.):

Questions for my potential new provider:

My New Primary Care Provider

Provider's name: _____

Provider's phone number: _____

Provider's fax number (for medical records): _____

Provider's NPI (for insurance): _____

Date of my new patient appointment: _____

Where I can go for urgent concerns before my appointment: _____

Things I should bring to my new patient appointment:

Questions I should ask or concerns I should share at my new patient appointment:
