



What is a wet wrap?

Wet wraps help treat children with atopic dermatitis (eczema), which causes itchy, dry, scaly patches on the skin. A special material is used to wrap the affected skin in a damp, protective layer. Sometimes we use wet socks or pajamas (pjs) as a wet wrap. Your doctor or nurse will tell you what to use on your child. This treatment is only used for a short amount of time.

How do wet wraps help my child?

Wet wraps help:

- Make skin less dry and itchy
- Medicines work on skin
- Stop infection that could be caused from scratches that break the skin
- Your child to be more comfortable and sleep better

My Wet Wrap Plan

When to use it:

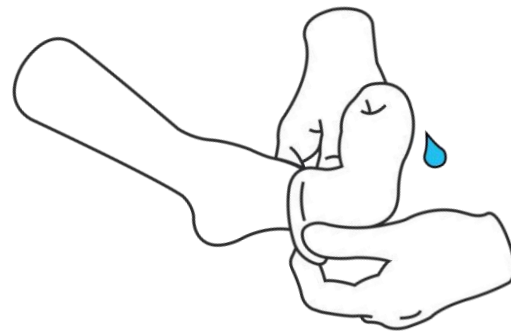
How often to use it:

How long to use it:

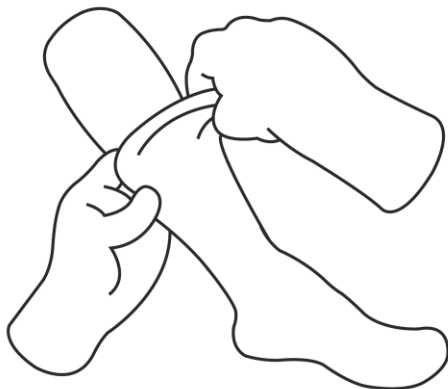
How do I use wet wraps?



- 1 Put the prescribed cream or ointment on the red area of skin.



- 2 Apply the wet wrap to the skin, after soaking it in warm water and wringing it out.



- 3 Place a layer of dry clothing on top of the wet wrap.

